

Assessing Palpitations in Pregnancy

- Due to the physiological cardiovascular changes that occur during pregnancy, pregnant women often experience and complain of palpitations.
- Commonly a pregnant woman's resting heart rate rises by 10-20 beats per minute, but there is no accepted upper limit value heart rate in pregnancy.
- Pregnant women presenting with palpitations, especially in the context of red flag symptoms, warrant further assessment to assess for an underlying pathology that might be contributing to their symptoms.

