

## Rheumatology Conditions

Consideration of referral for an MDT opinion or transfer of care

The woman may need to be referred for MDT discussion or care to the nearest specialist unit (as indicated in the table) either:

**1. Maternal Medicine Centres (MMC)**

The MMCs have the responsibility for hosting the MDT, the regional guidelines and standards of care

**2. Regional Unit (RU)-**

The RU has expertise and can manage pregnant women with the condition

Condition		Category of condition management	Maternal Medicine Centre (MMC)	Regional Unit (RU)	Pre-pregnancy counselling	Notes- MDT if required Geographical variants
<b>Ehlers Danlos Type IV- Vascular</b>		Cardiac Obstetric MDT discussion Referral to MMC/RU Care led by MMC/RU and delivery in MMC/RU	Bristol-UHBW	Plymouth	Advised MMC/ RU	Swindon refer to Bristol Delivery needs to take place in cardiac surgical unit
<b>Scleroderma</b>	<b>Renal involvement</b>	Renal Obstetric MDT discussion Referral to MMC/RU Care led by MMC/RU and delivery in MMC/RU	Bristol- NBT	Exeter Plymouth	Advised MMC/ RU	Swindon refer to Oxford
	<b>Diffuse- no renal</b>	Obstetric MDT discussion	Bristol- NBT	UHB Bath Gloucester Exeter Plymouth Truro	Advised Local with advice from MMC/ RU	Swindon refer to Oxford

<b>Any CTD (SLE, Rheumatoid Arthritis, Churg-Strauss, polymyositis) with evidence of extra-articular manifestations involving:</b>	<b>Heart</b>	Cardiac Obstetric and Obstetric Medicine MDT discussion Refer to MMC/RU Care led by MMC/RU and delivery in MMC/RU	Bristol-UHBW + NBT	Plymouth	Advised MMC/RU	Swindon refer to Bristol
	<b>Lungs</b>	Obstetric Medicine MDT discussion Care likely to be led by MMC/RU and delivery likely in MMC/RU	Bristol- NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Advised MMC/RU	Swindon refer to Oxford
	<b>Kidneys</b>	Renal Obstetric MDT discussion Care likely to be led by MMC/RU and delivery likely in MMC/RU	Bristol-NBT	UHB Exeter Plymouth	Advised MMC/ORC	Swindon refer to Oxford
<b>Any CTD (SLE, Rheumatoid Arthritis, Churg-Strauss, polymyositis) with no/ minimal evidence of extra-articular manifestations</b>	<b>Not controlled on current treatment</b>	Review or advice and guidance from Obstetric Medicine MDT if required	Bristol-NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Advised Local with advice from MMC/RU if required	Swindon refer to Oxford

<b>Vasculitis ( e.g. Giant Cell Arteritis, Large vessel vasculitis, ANCA associated vasculitis - anti-GBM or ANCA positive)</b>		Review or advice and guidance from Cardiac Obstetric MDT and Obstetric Medicine MDT Care likely to be led by MMC/RU and delivery likely in MMC/RU	Bristol- UHBW + NBT	Exeter Plymouth UHB	Advised MMC/RU	Swindon refer to Oxford
<b>Thrombotic antiphospholipid syndrome arterial thrombosis</b>		Review or advice and guidance from Haematology Obstetric MDT Care likely to be led by MMC/RU and delivery likely in MMC/RU	Bristol-UHBW	Exeter Plymouth	Advised MMC/RU	Swindon refer to Oxford
<b>Behcet's</b>		Review or advice and guidance from Obstetric Medicine MDT if required	Bristol-NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local with advice from MMC/RU	Swindon refer to Oxford
<b>Ehlers Danlos</b>	<b>Types other than III and IV</b>	Review or advice and guidance from Obstetric Medicine MDT Likely to deliver locally	Bristol-NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local with advice from MMC/RU	Swindon refer to Oxford

	<b>Type IV</b>	Refer to Cardiac Obstetric MDT Refer to MMC/RU Care led by MMC/RU and delivery in MMC/RU	Bristol-UHBW	Plymouth	Advised MMC/RU	Swindon refer to Bristol
	<b>Hypermobile (type III)</b>	Local expertise	Bristol -NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local	Swindon refer to Oxford
<b>Antiphospholipid syndrome with venous thrombosis</b>		Review or advice and guidance from Haematology Obstetric MDT Likely to deliver locally	Bristol-UHBW	Exeter Plymouth	Local with advice from MMC/ORC	Swindon refer to Oxford
<b>Uncomplicated (controlled on medications and no / minimal extra articular manifestations)</b> <ul style="list-style-type: none"> <li>• SLE</li> <li>• Rheumatoid arthritis</li> <li>• Seronegative arthritis</li> <li>• Ankylosing spondylitis</li> <li>• Psoriatic arthritis</li> <li>• Reactive arthritis</li> <li>• IBD related arthritis</li> <li>• Lupus</li> <li>• Sjogrens</li> </ul>		Local expertise	Bristol- NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local SWMMN video available	



<b>Osteoarthritis</b>	Local expertise	Bristol -NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local	
-----------------------	-----------------	--------------	---	-------	--