

Endocrinology Conditions

Consideration of referral for an MDT opinion or transfer of care

The woman may need to be referred for care or discussion to the nearest specialist unit (as indicated in the table) either:

- 1. Maternal Medicine Centres (MMC)** The MMCs have the responsibility for hosting the MDT, the regional guidelines and standards of care
- 2. Regional Unit (RU)-** The RU has expertise and can manage pregnant women with the condition

Condition		Category of condition	Maternal Medicine Centre (MMC)	Regional Units RU)	Pre-pregnancy Counselling	Notes- e.g. Geographical variants
GDM		Local expertise	N/A			
Type 1 and 2 DM	No/ minor complications	Local expertise	Bristol		Local SWMMN video available	
	Nephropathy CKD3+	Advice and guidance from Renal MDT Likely to be shared care with MMC/RU	Bristol-NBT	Exeter Plymouth	Advised RU	Swindon refer to Oxford
	Cardiovascular disease (see cardiac pathway)	Review or advice and guidance from Cardiac Obstetric MDT.	Bristol- UHBW		Advised RU	

		MMC/RU if required				
			Bristol Exeter Plymouth Taunton			Women with diabetes and retinopathy requiring treatment during pregnancy should be managed in a regional maternal medicine centre where care can be delivered in a single MDT clinic. In circumstances where regular travel to a tertiary clinic is not possible, ongoing care should be planned via regular (4-6 weekly) MDT discussion with the MMC centre throughout the pregnancy.
Monogenic diabetes		Review or advice and guidance from MMC if required	Exeter		Advised Local with advice from MMC (or local Monogenic Diabetes nurse)	Swindon refer to Oxford
Primary and secondary hyperaldosteronism		Care led by MMC/RU and delivery in MMC/RU	Bristol- UHBW/NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Advised RU	Swindon refer to Oxford

Phaeochromocytoma or paraganglioma	Discuss with Obstetric Medicine MDT Care led by MMC/RU and delivery in MMC/RU	Bristol- NBT	Plymouth	Advised RU	Swindon refer to Oxford
Cushings Syndrome	Discuss with MDT Care led by MMC/RU and delivery in MMC/RU	Bristol- UHBW/NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Advised RU	Swindon refer to Oxford
Acromegaly	Discuss with Obstetric Medicine MDT Care led by MMC/RU and delivery in MMC/RU	Bristol- UHBW/NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Advised RU	Swindon refer to Oxford
Hypothyroidism	Local expertise			Local	
Hyperthyroidism	Local expertise			Local	
Thyroid cancer	Discuss with Obstetric Medicine MDT	Bristol-UHBW	Taunton Exeter Plymouth	Advised RU	Swindon refer to Oxford

	Care led by MMC/RU and delivery in MMC/RU				
Thyroid nodules	Local expertise			Local	
Metabolic disorders e.g. glycogen storage disorder	Discuss with Obstetric Medicine MDT Care led by MMC and delivery in MMC	Bristol- NBT		Advised MMC	Swindon refer to Oxford
Microprolactinoma	Local expertise			Local	
Macroprolactinoma	Discuss with Obstetric Medicine MDT Care led by MMC/RU and delivery in MMC/RU	Bristol - UHBW/NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local with advice from MMC/RU	Swindon refer to Oxford
Pituitary disease on hormone replacement therapy	Discuss with Obstetric Medicine MDT Care led by MMC/RU	Bristol- UHBW/NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local with advice from MMC/RU	Swindon refer to Oxford

	and delivery in MMC/RU				
Hyperparathyroidism	Discuss with Obstetric Medicine MDT Care led by MMC/RU and delivery in MMC/RU	Bristol-NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	RU	Swindon refer to Oxford
Hypoparathyroidism	Discuss with Obstetric Medicine MDT Care led by MMC/RU and delivery in MMC/RU	Bristol- UHBW/NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	RU	Swindon refer to Oxford
PCOS	Local expertise			Local	
Congenital adrenal hyperplasia	Discuss with Obstetric Medicine MDT Care led by MMC/RU and delivery in MMC/RU	Bristol- UHBW	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local with advice from MMC/RU	Swindon refer to Oxford
Vit D deficiency	Local expertise			Local	

Dumping syndrome post bariatric surgery	Discuss with Obstetric Medicine MDT	Bristol-NBT	Taunton Exeter Plymouth	Local with advice from MMC/RU	Swindon refer to Oxford
Addison's disease	Discuss with Obstetric Medicine MDT Care led by MMC/RU and delivery in MMC/RU	Bristol- UHBW/NBT	UHB Bath Gloucester Taunton Exeter Plymouth Truro	Local with advice from MMC/RU	Swindon refer to Oxford